

# Making time for your health is Y

## NEW! EXPANDED HOLIDAY HOURS AT FOGLIA YMCA

We all know that keeping a consistent workout schedule over the holidays isn't always easy. That's why we are expanding our holiday hours to make sure that you can maintain your Y routine all year long! Whether it's squeezing in a workout before your Thanksgiving meal or starting the New Year off right by bringing the entire family in, we hope you'll make the Y a part of your life – every day.

**Limited services will be available on holidays, including but not limited to childcare, youth/teen programs, group fitness classes and member services hours.**



2011	
Thanksgiving Day	<b>OPEN</b> (5:00am-1:00pm)
Day after Thanksgiving	<b>OPEN</b> (Regular Hours)
Christmas Eve	<b>OPEN</b> (5:30am-2:00pm)
Christmas Day	<b>CLOSED</b>
New Years Eve	<b>OPEN</b> (5:30am-4:00pm)
2012	
New Years Day	<b>OPEN</b> (Regular Hours)
Martin Luther King	<b>OPEN</b> (Regular Hours)
Easter	<b>OPEN</b> (11:00am-6:00pm)
Memorial Day	<b>OPEN</b> (Regular Hours)
Independence Day	<b>OPEN</b> (Regular Hours)
Labor Day	<b>OPEN</b> (Regular Hours)
Thanksgiving Day	<b>OPEN</b> (5:00am-2:00pm)
Day after Thanksgiving	<b>OPEN</b> (Regular Hours)
Christmas Eve	<b>OPEN</b> (5:00am-2:00pm)
Christmas Day	<b>OPEN</b> (11:00am-6:00pm)
New Years Eve	<b>OPEN</b> (5:00am-4:00pm)

