



High Ridge YMCA

Pool Schedule

April 16 - June 10, 2012

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30						Closed	Closed
5:45							
6:00							
6:15							
6:30	Lap Swim (5) 530-9am	Lap Swim (5) 530-9am	Lap Swim (5) 530-9am	Lap Swim (5) 530-9am	Lap Swim (5) 530-9am	Lap Swim (5) 6-9am	Lap Swim (5) 6-8am
6:45							
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30							Lap Swim (3) Parent Tot (2) 8-10am
8:45							
9:00	Arthritis (4) Lap Swim (1) 9-10am	Swimnastics (4) Lap Swim (1) 9-10am	Arthritis (4) Lap Swim (1) 9-10am	Swimnastics (4) Lap Swim (1) 9-10am	Arthritis (4) Lap Swim (1) 9-10am	Swymnastics (3) Synchro (2) 9-10am	
9:15							
9:30							
9:45							
10:00	Silver Splash (4) Lap Swim (1) 10-11am	Lap Swim (3) Head Start Swim Lessons (2) 10-11am	Silver Splash (4) Lap Swim (1) 10-11am	Lap Swim (3) Head Start Swim Lessons (2) 10-11am	Silver Splash (4) Lap Swim (1) 10-11am		
10:15							
10:30						Swim Lessons (5) 10am-1pm	Swim Lessons (5) 10am-1pm
10:45							
11:00	Lap Swim (3) Parent Tot (2) 11am-1pm	Lap Swim (3) Parent Tot (2) 11am-12pm	Lap Swim (3) Parent Tot (2) 11am-1pm	Lap Swim (3) Parent Tot (2) 11am-12pm	Lap Swim (3) Parent Tot (2) 11am-1pm		
11:15							
11:30							
11:45							
12:00							
12:15							
12:30							
12:45							
1:00	Lap Swim (5) 1-4pm	Lap Swim (5) 12-3pm	Lap Swim (5) 1-4pm	Lap Swim (5) 12-3pm	Lap Swim (5) 1-4pm	Lap Swim (1) Swim Lessons (4) 1-2pm	Family Swim (3) Adult Lessons (2) 1-2pm
1:15							
1:30							
1:45							
2:00							
2:15						Family Swim (3) Private Rental (2) 2-4pm	Family Swim (3) Lap Swim (2) 2-4:45pm
2:30							
2:45							
3:00		Family Swim (3) Lap Swim (2) 3-4pm		Family Swim (3) Lap Swim (2) 3-4pm			
3:15							
3:30							
3:45							
4:00	Lap (3) Family (1) After School (1) 4-4:45pm	Swim Lessons (4) Lap Swim (1) 4-5:30pm	Lap (3) Family (1) After School (1) 4-4:45pm	Swim Lessons (4) Lap Swim (1) 4-5:30pm	Swim Lessons (4) Lap Swim (1) 4-6pm	Swim Lessons (2) Family Swim (3) 4-5pm	
4:15							
4:30							
4:45							
5:00	Family Swim (3) Lap Swim (2) 4:45-7pm	Swim Team (2) Swim Lessons (3) 5:30-7pm	Swim Team (3) Swim Lessons (2) 4:45-7pm	Swim Team (2) Swim Lessons (3) 5:30-7pm	Family Swim (3) Lap Swim (2) 6-7pm	Family Swim (3) Swim Lessons (2) 5-5:50pm	
5:15							
5:30						Family Swim (3) Lap Swim (2) 5:50-6:45pm	Closed
5:45							
6:00							
6:15							
6:30							
6:45							
7:00	Family Water Fit (3) Private Rental (2) 7-8pm	Fit n Flex (3) Swim Team (2) 7-8pm	Water Polo (3) Swim Team (2) 7-8pm	Tidal Wave (3) Swim Team (2) 7-8pm	Family Swim (3) Lap Swim (2) 7-9pm	Closed	
7:15							
7:30							
7:45							
8:00	Family Swim (2) Private Rental (2) Lap Swim (1) 8-9pm	Lap Swim (3) Adult Lessons (2) 8-9pm	Lap Swim (3) LG Inservice (2) 8-9pm	Lap Swim (3) Adult Lessons (2) 8-9pm		Facility Hours Mon-Fri 530am-10pm Sat 6am-7pm Sun 6am-5pm	
8:15							
8:30							
8:45							
9:00	Lap Swim (5) 9-9:45pm	Lap Swim (5) 9-9:45pm	Lap Swim (5) 9-9:45pm	Lap Swim (5) 9-9:45pm	Lap Swim (5) 9-9:45pm	Pool closes 15 minutes before facility closing time. (#) next to activity refers to # of lanes available for designated	
9:15							
9:30							
9:45							