

# INDIAN BOUNDARY YMCA POOL SCHEDULE

## January 2 - June 9, 2012 -REVISED

### PLEASE SEE REVERSE SIDE FOR POOL RULES

\*Schedule subject to change\*



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM			Masters Swim 5:15-6:30(2)		Masters Swim 5:15-6:30(2)		Adult Lap 5:00-7:00am
6:00 AM		Adult Lap 5:00-8:30am	Adult Lap 6:30-8:30am	Adult Lap 5:00-8:30am	Adult Lap 6:30-8:30am	Adult Lap 5:00-8:30am	Lap Swim 7:00-8:00am
7:00 AM	Adult Lap 7:00-9:00am						Masters/Aquacise 8:00-9:00 (0)
8:00 AM		Aquacise (0) 8:30-9:30am	Open Lap/Water Fit. 8:30-9:30am	Aquacise (0) 8:30-9:30am	Open Lap/Water Fit. 8:30-9:30am	Aquacise (0) 8:30-9:30am	Lessons (0)
9:00 AM	Lap Swim 9:00-11:00am	Seaspar Lessons 9:30-11:00am (2)	Water in Motion Lessons 9:30-11:00am (0)	Seaspar Lessons 9:30-11:00am (2)	Water in Motion Lessons 9:30-11:00am (0)	Rehab Lessons 9:30-10:30am (1)	9:00-12:00pm
10:00 AM							
11:00 AM	Open Swim(2) 11:00-12:00pm	Super Seniors(2) 11:00-12:00pm	Arthritis (0) 11:00-12:00pm	Seniors & Friends 11:00-12:00 (2)	Arthritis (0) 11:00-12:00pm	Seniors & Friends 11:00-12:00 (2)	Silver Sharks(0) 11:15-12:00pm
12:00 PM	Open Lap/Water Fitness 12-1pm	Open Lap/ Water Fitness	Open Lap/ Water Fitness	Open Lap/ Water Fitness	Open Lap/ Water Fitness	Open Lap/ Water Fitness	Open Lap/Water Fitness 12-1pm
1:00 PM	Swim Lessons(0) 1-2:30pm	12:00-1:45pm	12:00-2:00 pm	12:00-2:00 pm	12:00-2:00 pm	12:00-2:00 pm	SEASPAR Team (0) 1:00-2:00 pm
2:00 PM	Swim Clinics	Lessons/ Kinder	Aquacise (3)	<b>ELC(2)</b>	Aquacise (3)	Home School (2)	
	Open Swim(2)	1:45-3:00p (1)	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	2:00-3:00pm	Open Swim (2)
3:00 PM		Open Swim (2)	Open Swim (1) 3:00-5:15pm	Open Swim (2) 3:00-4:30pm	Open Swim (1) 3:00-5:15pm	Open Swim (2) 3:00-4:30pm	
	2:30-5pm	3:00-4:30pm	After School(1) 3:15-4pm	After School(2) 3:15-4pm	After School(1) 3:15-4pm	After School (2) 3:15-4pm	2:00pm-6:00pm
4:00 PM			Silver Sharks(1)		Silver Sharks(1)		
		Lessons (0)	4:15-5:15pm	Lessons (0)	4:15-5:15pm	Lessons (0)	
5:00 PM	Pool Closes		Lessons (0)		Lessons (0)	4:30-6:30pm	
	Scuba (0)	4:30-6:30pm	5:15-7:15pm	4:00-6:30pm	5:15-7:15pm	Guard Start 6:30-7:30pm	
6:00 PM	5:00-7:00pm	Adult Lessons & Deep Water &		Adult Lessons &		Open Swim(2)	<b>C l o s e d</b>
7:00 PM	<b>C l o s e d</b>	Water in Motion 6:30-7:30pm(o)	Open Swim (2) 7:15-8:00pm	Deep Water(1) 6:30-7:30pm	Open Swim(2) 7:15-8:00pm		
8:00 PM		Open Swim(2) 7:30-9:00pm	AquaBlast 8:00-9:00pm (2)	Open Swim(2) 7:30-9:00pm	AquaBlast 8:00-9:00pm (2)	6:30-9:00pm	
9:00 PM		Open Lap & Water Fitness Monday-Friday 9:00-10:00pm					
10:00 PM		<b>C l o s e d</b>					

The number in parentheses indicates how many lanes will be available for lap swimming.

Example: (2) indicates that there will be at least 2 lap lanes available during this time.

\*THE SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE\*

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