

# Lake View YMCA Aquatic Classes

Spring 2012 (8 Weeks) No class 5/28/12

(Session runs 4/15/12 . 6/9/12; Registration 3/19/12 for Members, 3/26/12 for Program Members.)

<b>Parent &amp; Child Aquatics</b>					
<b>6 Months - 5 Years • One Parent Per Child Only • No Make Up Classes</b>					
<b>Shrimp &amp; Kippers</b> (w/ Inia & Perch) (6 - 12 months) Your child's first experience at the pool. Parent and child acclimate to the water, whilst singing and playing.	Tuesday	10:30 - 11:00 AM	Saturday	8:00 - 8:30 AM	Member: \$78 Program: \$156 4-29-01(01)
	Tuesday	11:00 - 11:30 AM	Sunday	10:15 - 10:45 AM	
	Thursday	11:00 - 11:30 AM	Sunday	11:15 - 11:45 AM	
	Thursday	6:45 - 7:15 PM			
<b>Gym &amp; Swim</b> (12 - 36 months) 1/2 hour Gym time 1/2 hour of Inia & Perch class (see below)	Wednesday	11:00 - 12:15 PM	Thursday	9:45 - 11:00 AM	Member \$82 Program: \$164 4-29-01 (03)
<b>Inia &amp; Perch</b> (combined w/ Shrimp/Kipper) (12 - 36 months) Parent and Child water acclimation course. Your child will learn the basics and begin to use new "tools" to help further his/her aquatic experience.	Tuesday	10:30 - 11:00 AM	Saturday	8:00 - 8:30 AM	Member: \$78 Program: \$156 4-29-01(02)
	Tuesday	11:00 - 11:30 AM	Saturday	8:30 - 9:00 AM	
	Thursday	11:00 - 11:30 AM	Sunday	10:15 - 10:45 AM	
	Thursday	6:45 - 7:15 PM	Sunday	11:15 - 11:45 AM	
<b>Seahorse</b> (2.5 - 5 years old) Bridge between parent/child and pike classes. 20 Pairs to 2 Instructor Ratio	Monday	5:20 - 5:50 PM	Sunday	10:45 - 11:15 AM	Member: \$78 Program: \$156 4-05-01(01)
	Thursday	6:15 - 6:45 PM	Sunday	11:45 - 12:15 PM	
<b>Pre-School Aquatics</b>					
<b>3 - 5 Years • No Make Up Classes • New Times in Bold</b>					
<b>Pike</b> (5 Students : 1 Instructor) Beginner Level. Designed for children with little or no water experience. Ideal for first time swimmers at our pool. Child's first class experience without a parent in the water. Parents also vacant from pool deck after first week.	Monday	10:35 - 11:20 AM	Thursday	3:40 - 4:25 PM	Member: \$84 Program: \$168 4-05-01(02)
	Monday	2:50 - 3:35 PM	Thursday	7:20 - 8:05 PM	
	Monday	3:40 - 4:25 PM	Friday	3:40 - 4:25 PM	
	Monday	4:30 - 5:15 PM	Friday	4:30 - 5:15 PM	
	Tuesday	3:40 - 4:25 PM	Saturday	9:05 - 9:50 AM	
	Tuesday	5:20 - 6:05 PM	Saturday	9:55 - 10:40 AM	
	Tuesday	7:15 - 8:00 PM	Saturday	11:00 - 11:45 AM	
	Wednesday	2:50 - 3:35 PM	Saturday	12:40 - 1:25 PM	
	Wednesday	3:40 - 4:25 PM	Sunday	12:30 - 1:15 PM	
<b>Eel</b> (6:1) Child is comfortable in water without parent; can place face in water and swim 10 ft. paddle stroke on front and back without belt; jumps into water without assistance. Sometimes combined with Ray.	Monday	2:50 - 3:35 PM	Thursday	7:20 - 8:05 PM	Member: \$84 Program: \$168 4-06-01(01)
	Monday	4:30 - 5:15 PM	Friday	4:30 - 5:15 PM	
	Tuesday	3:40 - 4:25 PM	Saturday	9:05 - 9:50 AM	
	Tuesday	7:15 - 8:00 PM	Saturday	9:55 - 10:40 AM	
	Wednesday	3:40 - 4:25 PM	Saturday	11:00 - 11:45 AM	
	Wednesday	4:30 - 5:15 PM	Saturday	12:40 - 1:25 PM	
<b>Ray</b> Combined with Eel or Starfish. (6:1) Child can swim 20 yards paddle stroke on front and back; perform front and back float for 20 seconds; jumps in water without assistance.	Monday	3:40 - 4:25 PM	Thursday	3:40 - 4:25 PM	Member: \$84 Program: \$168 4-07-01(01)
	Monday	4:30 - 5:15 PM	Thursday	7:20 - 8:05 PM	
	Tuesday	3:40 - 4:25 PM	Friday	4:30 - 5:15 PM	
	Tuesday	7:15 - 8:00 PM	Saturday	9:05 - 9:50 PM	
	Wednesday	3:40 - 4:25 PM	Saturday	12:40 - 1:25 PM	
<b>Starfish</b> Combined with Ray. (6:1) Child can swim 20 yards of paddle on front with rudimentary rhythmic breathing and backstroke without float belt.	Monday	3:40 - 4:25 PM	Friday	4:30 - 5:15 PM	Member: \$84 Program: \$168 4-08-01(01)
	Tuesday	3:40 - 4:25 PM	Saturday	9:05 - 9:50 PM	
	Thursday	3:40 - 4:25 PM			

*We will only honor refunds before the first day of a session. If the program has begun, a doctor's note is required for a refund. There is a \$10 processing fee applied to all refunds. There are no credits or refunds for missed days in a program or weather-related cancellations. If the YMCA cancels a program, a full refund or credit will be given.*



**\*Class Schedule Subject to Change. Please Sign Up for Waitlist if Your Primary Choice is Full**  
 3333 N. Marshfield Chicago, IL 60657 773-248-3333 www.lakeviewymca.org

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<b>Youth Aquatics</b>					
<b>6 -15 Years • No Make Up Classes • New Times</b>					
<b>Polliwog</b> (6:1) Beginner Level; includes everyone from the first-time swimmer to the child who does not yet meet Guppy standards.	Monday	4:30 ó 5:15 PM	Thursday	7:20 - 8:05 PM	Member: \$84 Program: \$168 4-09-10(01)
	Tuesday	4:30 ó 5:15 PM	Friday	3:40 - 4:25 PM	
	Wednesday	3:40 - 4:25 PM	Saturday	9:55 - 10:40 AM	
	Thursday	4:30 ó 5:15 PM			
<b>Guppy</b> (6:1) Child can place face in water; can swim 15 yards of paddle stroke on front and back; perform a standing jump without assistance. Thursday evening class combined w/Minnow.	Monday	3:40 ó 4:25 PM	Thursday	7:20 - 8:05 PM	Member: \$84 Program: \$168 4-10-10(01)
	Tuesday	4:30 -5:15 PM	Friday	3:40 ó 4:25 PM	
	Tuesday	7:15 - 8:00 PM	Saturday	9:05 - 9:50 PM	
	Wednesday	4:30 - 5:15 PM	Saturday	9:55 - 10:40 AM	
	Thursday	4:30 - 5:15 PM	Saturday	11:00 - 11:45 AM	
<b>Minnow</b> (8:1) Swim 20 yards of front crawl with rhythmic breathing; 20 yards of back stroke & elementary stroke; tread water 30 seconds. Sometimes combined w/Guppy or Fish.	Tuesday	4:30 -5:15 PM	Friday	3:40 - 4:25 PM	Member: \$84 Program: \$168 4-11-10(01)
	Tuesday	5:20 ó 6:05 PM	Friday	5:20 - 6:05 PM	
	Wednesday	5:20 - 6:05 PM	Saturday	11:00 - 11:45 AM	
	Thursday	4:30 - 5:15 PM	Saturday	11:50 - 12:35 AM	
	Thursday	7:20 - 8:05 PM			
<b>Fish</b> (8:1) Swim 40 yards front crawl with rhythmic breathing, breast, sidestroke, backstroke & elementary stroke; tread; dive. Sometimes combined with Flying Fish or Minnow.	Tuesday	5:20 ó 6:05 PM	4-12-10(01)	Member: \$84	Program Member: \$168
	Wednesday	5:20 - 6:05 PM			
	Friday	5:20 - 6:05 PM			
	Saturday	11:50 - 12:35 PM			
<b>Flying Fish</b> (8:1) Swim 80 yards front crawl, breaststroke, elementary backstroke & side- stroke; butterfly; tread water. Combined w/Shark or Fish.	Tuesday	5:20 ó 6:05 PM	4-13-10(01)	Member: \$84	Program Member: \$168
	Wednesday	5:20 - 6:05 PM			
	Friday	5:20 - 6:05 PM			
	Saturday	11:50 - 12:35 PM			
<b>Shark</b> (8:1) Swim 120 yds front crawl, breast- stroke, elementary backstroke, sidestroke; butterfly; tread water. Combined w/Flying Fish.	Tuesday	5:20 ó 6:05 PM	4-14-10(01)	Member: \$84	Program Member: \$168
	Wednesday	5:20 - 6:05 PM			
	Friday	5:20 - 6:05 PM			
	Saturday	11:50 - 12:35 PM			
<b>Marlin Intramural Swim Club</b> (8:1) For Fish level or above with weekly practice(s) culminating in a mini-meet. Please register for Marlin Meet as well.	Wednesday	5:20 ó 6:05 PM	4-65-10(01)	Member: \$84	Program Member: \$168
	Saturday	11:50 ó 12:35 PM			
<b>Adult Aquatics</b>					
<b>Adult Swim Instruction</b>	Monday	8:05 ó 9:05 PM	Beginner - Intermediate	Member: \$89	Program \$178
	Wednesday	8:05 ó 9:05 PM			
<b>Adult Stroke Development</b> Must be able to swim numerous lengths	Tuesday	8:05 ó 9:05 PM	Intermediate - Advanced	Member: \$89	Program \$178
<i>The YMCA of Metropolitan Chicago provides financial assistance to members, for both individuals and families, that qualify based on need. See the Customer Service Desk for more information and to apply.</i>					



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